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Date: Mon, 3 Jan 2011 12:35:36 -0600
Subject: Discussion that needs clarification on question 47 on the CAH enrollment survey.

Kiki and Sally, the CAH/DSD workgroup meeting will be coming up next week. I am wondering if some information should go out with the meeting reminder and agenda regarding the discussion on the question 47.

We didn't seem to come to agreement on what we wanted regarding the mother receiving other medications question. I had agreed to do some checking and it is messy no matter how you look at it. To leave it as free text and just collect all medications with whatever name is or isn't remembered or generic verses brand name etc will be messy.

Kiki, you had suggested to me after the meeting that we only look at medications not recommended during pregnancy. But that too isn't easy because there isn't a really clear list (there are examples) but mostly physicians say "read the label". FDA has divided medications into letter category based on what is known about medicine when used in pregnant women and animals.

A - Safe in human studies - such as folic acid and Levothyroxine

B - No good human studies but in animals no babies had bad problems - such as some antibiotics, Zofran, Glucophage, some insulins.

C - No good human studies and in animals some babies had problems - Diflucan, Ventolin, Zoloft and Prozac.

D. Studies show that some babies are born with problems related to medications - such as Paxil, Lithium, Dilantin, some cancer chemotherapy.

X - Studies show these should not be used because of the high risk - Accutane and Thalomid.

In some ways asking the question that way narrows down the answers but it would still be free text.

However, if you wanted to know all medications the mom was on during pregnancy (if that is the situation I would recommend wording the question more completely such as Did you take any medication, supplements, or herbal remedies while pregnant?) Then I think we could check to see if DocSite could incorporate a formulary that is quite complete with categories as a guide - the one I found is 6 pages long and would be quite easy to go through based on the drug categories and has common generic as well as brand names.

So should this question/issue go out before the meeting or be reviewed again during the meeting?

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