

## Care Notebook Outline

### Key to Outline:

- Section Title
  - Subsection Title
    - Form Name
  
- **Care Notebook Cover Page**
- **Emergency Information** - includes information for emergency room visits and planning for emergencies (such as natural disasters, power outages, etc.)
- **Insurance Information** -
- **Health History** - family health history, child's health history, etc.
- **Care Team Contact List** - contact information for all the doctors, specialists, therapists, etc. involved in the child's care
- **Health Tracking** - appointment records, test results, hospitalizations, etc.
- **Daily Routine/Care Needs of My Child** - forms for getting to know the child's needs (nutrition, respiration, medication, etc.)
- **Education** - forms to keep track of education goals and plans, as well as forms for planning with providers in the education setting
- **Transitions** - a broad section for transitions to include things like school, work, medical, social, etc. types of transitions
- **Expense Tracking** - forms to keep track of insurance and out of pocket expenses
- **Personal Notes** - this section could be integrated into the rest of the notebook (for example include forms to take notes at appointments in the health tracking section rather than having an individual notes section)
- **Legal Documents** - this section could also be integrated into the rest of the notebook in appropriate sections