

## Care Plan Tool Outline

### Key to Outline:

- Section Title
  - Subsection Title
    - Form Name
  
- Care Plan Cover Page
- **Emergency Information** – includes information for emergency room visits and planning for emergencies (such as natural disasters, power outages, etc.); emergency letter
  - **Helping parents plan for emergency**
    - **Medical emergency**
    - **natural/manmade disaster**
  - **Information to be able to give to a provider in the time of an emergency (MEMSCIS, ER Letter).** [Link to memscis, give brief intro, etc.](#)
- **Health Plan/ Insurance Information**– includes information about the kind of insurance that typically pays medical bills, hospital bills, and/or prescription drug costs. Coverage may include government sponsored programs for specific groups—such as Medicaid and the State Children's Health Insurance Program (SCHIP) for low-income individuals and families—and plans that meet a specific need, such as long-term care, supplemental coverage, and disability insurance, are also available. (Make sure that Title V is in detailed list. Primary payor, waiver, etc. Tips to help families navigate)
- **Health History** – family health history, child's health history, etc.
- **Care Team Contact List** – Many professionals work together with you to care for your child. This section includes a place to capture contact information for all of the people you meet and what their roles are in your child's care. Your child's team may include doctors, specialists, therapists, school personnel, etc.
- **Health Tracking** – appointment records, test results, hospitalizations, [growth and development](#), etc.
- **Daily Routine/Care Needs of My Child** – forms for getting to know the child's needs (nutrition, respiration, medication, etc.)
- **Education** – forms to keep track of education goals and plans, as well as forms for planning with providers in the education setting
- **Transitions** –a broad section for transitions to include things like school, work, medical, social, etc. types of transitions
- **Expense Tracking** – forms to keep track of insurance and out of pocket expenses
- **Personal Notes** – this section could be integrated into the rest of the notebook (for example include forms to take notes at appointments in the health tracking section rather than having an individual notes section)
- **Legal Documents** – this section could also be integrated into the rest of the notebook in appropriate sections