

SECTION 3 – INSURANCE INFORMATION

Brief Description: This details insurance information (carrier, provider, holder, contact/plan numbers, contacts for pre-approval, co-pays, etc) and tips about navigating insurance systems.

SECTION 4 – HEALTH INFORMATION

RECENT HEALTH TRACKING (WITHIN 1 YEAR)

Brief Description: This details appointment records, test results, hospitalizations, etc. that have occurred in the last year. This section includes things the doctor would be concerned with at the current chronic and/or acute care visit and it is the more recent history. If you have information that outlines or details your child’s health history over a year, please include it in the next section “Health History.”

1. Appointment Information
2. Care Summary Information
3. Hospitalizations and Surgeries include reminder/prompt here to at some point move these to health history; e.g. after 1 year if we are defining active issues as within the past year.
4. Preventive Services
5. Growth Tracking
6. Immunizations
7. Allergies
8. Medications
9. Medical Equipment and Supplies
10. Other ER and condition specific forms
11. Diet Tracking Include sick day diet plan (day 1, day 2, etc.)
12. Health Care Planning

HEALTH HISTORY

Brief Description: This details *family health history, child’s health history, etc.* – this is long-term comprehensive history. Health tracking is for more recent history – active issues within the past year.

1. Family Health History
2. Child’s Health History

SECTION 5 – CARE TEAM PROVIDERS LIST (HEALTH CARE PROVIDERS, OTHER CARE PROVIDERS)

Brief Description: This details contact information for all the doctors, specialists, therapists, etc. involved in the child’s care, many of these forms could probably be combined.

SECTION 6 – ABOUT MY CHILD AND OUR FAMILY

Brief Description: This details forms for getting to know the child’s needs (nutrition, respiration, medication, etc.) Need to add a place for services and supports in here (to match the categories from the ICP)

1. Getting to Know My Child and My Family
2. Activities of Daily Living

3. Care Schedule
4. Communication
5. Coping and Stress Tolerance
6. Mobility
7. Nutrition
8. Respiratory
9. Rest and Sleep
10. Social and Play
11. Information for Caregivers and Babysitters

SECTION 7 – EDUCATION INFORMATION

Brief Description: Details all information related to the child’s education.

1. Education Information
2. Health Information for School
3. Individual Education Plan or 504 Plan Information

SECTION 8 – TRANSITIONS & CHILD AND FAMILY GOALS

Brief Description: This details a broad section for transitions to include things like school, work, medical, and social aspects of transition. Also, goals for the child and family are included.

1. Transitions
2. Goals

SECTION 9 – EXPENSE TRACKING

Brief Description: This details how expenses are tracked and the forms most often used.

1. Expense Tracking Forms

SECTIONS THAT CAN BE INTEGRATED INTO THE WHOLE NOTEBOOK

Title: Personal Notes

Brief Description: This section could be integrated into the rest of the notebook (for example include forms to take notes at appointments in the health tracking section rather than having an individual notes section)

1. Parent and Child Questions for Appointments
2. Planning
- 3.

Title: Legal Documents

Brief Description: This section could also be integrated into the rest of the notebook in appropriate sections

1. Legal Documents