

Proposed Broad Sections (adapted from Rhode Island Care Notebook)

- Care Notebook Cover Page
- Emergency Information – including planning for emergencies and information for the emergency room
- Health History – family history, child’s health history, etc.
- Care Team Contact List – contact information for the various doctors, specialists, therapists, etc. involved in child’s care
- Health Tracking – appointment records, test results, hospitalizations, etc.
- Daily Routine/Care Needs of My Child - forms for getting to know the child’s needs (nutrition, respiration, medication routines, etc.)
- Insurance Information/Expense Tracking
- Transitions – could make a broad transitions section that includes school, medical, social transitioning
- Personal Notes – this section could be integrated throughout, but it would be nice to have forms that guide parents in preparing for appointments and such
- Legal Documents – these could also be integrated throughout, but this section includes medical power of attorney, future and estate planning, etc.